



SELF-SERVICE HEALTH SCREENING

Abby turns any space into a health screening station, and follows up with every person automatically.

Over 20 health checks in three minutes. No nurse required. Every result followed up on WhatsApp, in the person's own language.

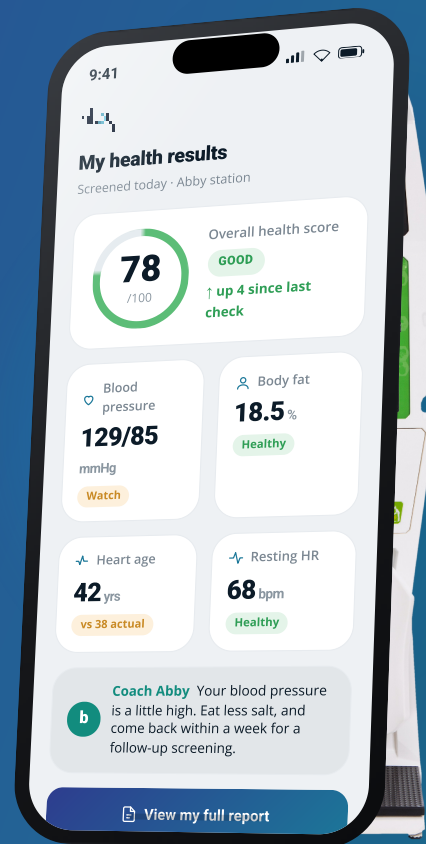
20+ checks

3 minutes

No nurse

WhatsApp follow-up

Try the live version
at onepager.go-abby.co.za



CERTIFIED & REGULATED TO MEDICAL-DEVICE STANDARDS



ISO 13485
QUALITY MANAGEMENT



BUILT FOR YOU

One station. Built to solve your problem.

Who it's for. Insurers · Corporate Wellness · Occupational Health · Clinics · Gyms · Community & wellness events



THE PROBLEM

Most of the people you look after never get checked. And once the event ends, nothing more happens.



WITH ABBY

Abby checks far more people, right where they are, then keeps in touch with each one. So no one is missed.

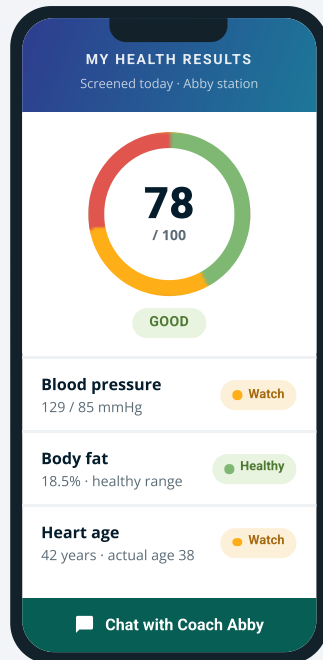
WHAT YOU GET

What Abby delivers

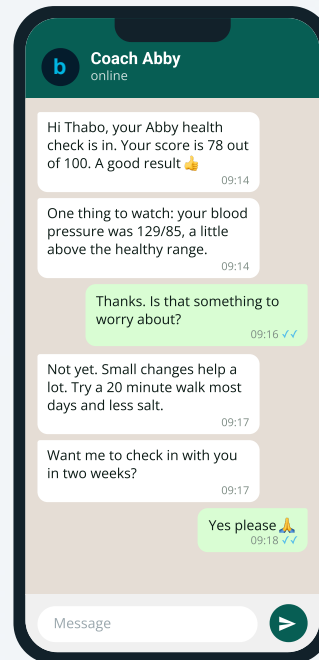


Automatic follow-up

Coach Abby follows up on WhatsApp in the person's own language. **A worrying result never gets lost.** It leads somewhere.



On-screen results
A health score they understand



Coach Abby on WhatsApp
Chats in the person's own language



Three minutes, no nurse

Each person screens themselves in three minutes. Any nurse on site is freed for real care.



Over 20 measurements

One short screening covers body, mind and money for a full picture of health.



Instant results

Results land on the person's phone straight away, with a health score out of 100 they understand.



Clean reporting

A clear report back to you on who was screened and what was found.

You reach the whole room, not just the queue

On average, Abby screens about 70% of people at an event. Nurse-only screening reaches about 20%.

With Abby

70%

Nurse only

20%

HOLISTIC SCREENING

Many signals. One clear view of risk.



Heart & circulation

Blood pressure, pulse, heart age



Metabolic health

Metabolic age, 10-year risk



Body composition

BMI, body fat, water, muscle



Vital signs

Temperature, oxygen (SpO2)



Mental wellbeing

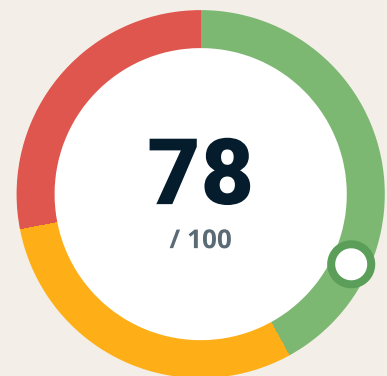
How a person is coping



Financial wellbeing

Money stress that drives health

=



● Healthy ● Watch ● At risk

ONE OVERALL HEALTH SCORE

Most checks measure one thing at a time. Abby captures **over 20 signals across body, mind and money**, then turns them into a single score and risk band. Overall risk, visible at a glance.

PROVEN AT SCALE

Real people, real results

2M+

health checks completed

20+ health checks captured in three minutes, per person.

"Abby literally saved my life."

Colleen Livanos, Rand Water Wellness

1,000+

worksites, clinics and gyms

Abby runs wherever people already spend their day.

"Highly engaging, non-invasive and super efficient."

Tania, CEO, Unu Health

TRUSTED BY LEADING INSURERS, MINES, CORPORATES AND HEALTHCARE PROVIDERS



THE FULL PICTURE

What Abby screens for

Measured by the station

VITALS

Weight, height, BMI, blood pressure, pulse, temperature, SpO2

BODY COMPOSITION

Body fat, water, fat-free mass, protein and more

RISK SCORES

10-year heart risk, metabolic age, heart age

Self-reported by the person

HEALTH

Smoker status, chronic medication, chronic conditions

MENTAL WELLBEING

Short validated check on how a person is coping

FINANCIAL WELLBEING

A read on the money stress that drives health

Self-reported checks use short questionnaires. You choose the set, from validated tools to your own questions.

Optional blood tests such as glucose and cholesterol can be added on site by a nurse, yours or ours. Sensitive tests like HIV are always opt-in and kept confidential.

Station components are certified by FDA, CE and SAHPRA, and manufactured under an ISO 13485 quality management system. The station is tested against gold-standard medical devices for accuracy.

See what Abby could screen for your people

Tell us who you'd want to reach, and we'll show you what a screening with Abby looks like. Get in touch and we'll take it from there.

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